

Sheila Kernan

B. SASKATOON,
SASKATCHEWAN
LIVES & WORKS IN
CALGARY

ABOUT

Sheila Kernan is a contemporary Canadian painter whose work explores the energy, beauty, and emotion found within both the natural and urban landscape. Now living and working in Calgary, Alberta, Kernan creates vibrant, richly textured paintings that transform familiar places into immersive visual experiences. Drawing inspiration from her travels, everyday observations, and a lifelong fascination with colour and light, she captures fleeting moments that balance memory, imagination, and lived experience.

Working across acrylic, oil, and watercolour, Kernan builds her compositions through expressive layers of paint, bold colour relationships, and intricate surface textures. Thick impasto brushwork, unexpected patterns, and luminous passages of light create a dynamic visual language that moves fluidly between representation and abstraction. Whether depicting the excitement of a city at dusk or the quiet grandeur of a mountain landscape, her paintings invite viewers into joyful, contemplative spaces where emotion and atmosphere take precedence over literal interpretation.

A graduate of the Alberta College of Art and Design (now Alberta University of the Arts), Kernan has exhibited extensively across Canada and has received numerous honours, including the ACAD Alumni Legacy Award and the Julius Griffith Memorial Award from the Canadian Society of Painters in Watercolour. Her work is held in private, corporate, and public collections internationally, reflecting a practice that continues to celebrate curiosity, creativity, and the transformative power of paint.

EXHIBITIONS

2025

Secret Gardens, Gibson Fine Art, Calgary, SOLO

A State of Balance, Bau-Xi Gallery, Toronto, SOLO

2024

Time to Get Loud, Gibson Fine Art, Calgary, SOLO

Interplay: Memory and Connection, Bau-Xi Gallery, Vancouver,
SOLO

The Quiet Joy, Bau-Xi Gallery, Toronto, SOLO

Holiday: Gallery Artists, Bau-Xi Gallery, Vancouver, GROUP

2024: A Year in Preview, Bau-Xi Gallery, Toronto, GROUP

EXHIBITIONS**(CONT.)****2023***Let's Shake It Up!*, Gibson Fine Art, Calgary, SOLO*INBETWEEN*, Bau-Xi Gallery, Vancouver, SOLO*Around Town*, Canada House Gallery, Banff, SOLO*Saskatchewan Bound*, Assiniboia Gallery, Regina, SOLO*Gallery Artists*, Bau-Xi Gallery, Vancouver, GROUP**2022***The Shapes We Make*, Gibson Fine Art, Calgary, SOLO*Real Places, Imaginary Spaces*, Bau-Xi Gallery, Vancouver, SOLO*Where Would I Rather Be?*, Mayberry Fine Art, Winnipeg, SOLO*Colour Me in Sunshine*, Canada House Gallery, Banff, SOLO*Immersed*, Bau-Xi Gallery, Vancouver, GROUP*Gallery Artists in the Spotlight*, Mayberry Fine Art, Toronto, GROUP**2021***[A Little Bit of] This and [A Little Bit of] That*, Mayberry Fine Art, Winnipeg, SOLO*Gallery Artists*, Bau-Xi Gallery, Toronto, GROUP*Gallery Artists: Method IV*, Bau-Xi Gallery, Toronto, GROUP*Group Show*, Bau-Xi Gallery, Toronto, GROUP*Everything We See*, Bau-Xi Gallery, Vancouver, SOLO**2020***[a little bit of] This and [a little bit of] That*, Mayberry, Winnipeg, SOLO*Simple Pleasures*, Canada House Gallery, Banff, SOLO*This Moment Right Now*, Bau-Xi Gallery, Vancouver, SOLO

EXHIBITIONS**(CONT.)****2019***I Have Something to Say*, Gibson Fine Art, Calgary, SOLO*Forever is a Feeling*, Bau-Xi Gallery, Vancouver, SOLO*Made for Paint*, Mayberry Fine Art, Winnipeg, SOLO**2018***I Wonder*, Canada House Gallery, Banff, SOLO*Just Paint*, Assiniboia Gallery, Regina, SOLO**2017***Featured Artist*, Art Toronto (Toronto International Art Fair),

Mayberry Fine Art, Booth A28, Toronto

The Stories We Tell, Gibson Fine Art, Calgary, SOLO*CANADA 150*, Canada House Gallery, Banff**2016***Out and About*, Canada House Gallery, Banff, SOLO*Our Calgary*, Gibson Fine Art Gallery, Calgary, SOLO*Prairie*, Canada House Gallery, Banff**2015***Your Journey Starts Here*, Gibson Fine Art, Calgary, SOLO*Different Strokes*, Canada House Gallery, Banff, SOLO**2014***Making a Mark*, Gibson Fine Art, Calgary, SOLO*Lights. Camera. Action.*, Assiniboia Gallery, Regina, SOLO*Snow Days*, Canada House Gallery, Banff*Love Art Fair*, Mayberry Fine Art, Toronto**2013***A Time. A Place. A Connection*, Gibson Fine Art, Calgary, SOLO*Memories and Impressions*, Canada House Gallery, Banff, SOLO

EXHIBITIONS

(CONT.)

2012*Ground Level*, Mayberry Fine Art, Toronto, SOLO*Between the Lines*, Gibson Fine Art, Calgary, SOLO*Boundless*, Assiniboia Gallery, Regina, SOLO*Dare to Dream*, Canada House Gallery, Banff, SOLO**2011***Free to Imagine*, Gibson Fine Art, Calgary, SOLO*What May Come*, Assiniboia Gallery, Regina, SOLO*Urban Experience: The City as a Sensory Machine*, Elevation Gallery, Canmore**2010***On the Edge of It*, Gibson Fine Art, Calgary, SOLO*Calgary Stampede Western Showcase Artist*, Stampede Grounds BMO Centre, Halls D & E, Calgary*Playful Interpretations: People and Places*, Elevation Gallery, Canmore**2009***Nowhere Near Ordinary: An Indulgence for Your Senses*, Gibson Fine Art, Calgary, SOLO*A Bird A Stone A Letter*, Federation of Canadian Artists Gallery, Vancouver*Calgary Stampede Western Showcase Artist*, Stampede Grounds BMO Centre, Halls D & E, Calgary*Contrast and Harmony: Adventures in Colour and Motion in the Natural and Urban Setting*, Elevation Gallery, Canmore

EXHIBITIONS**(CONT.)****2008***Vibrations of Colour*, Gibson Fine Art, Calgary*The Heritage Property Corporation Art Exhibition*, The Lougheed Building, Calgary*Stampede Rotary Dream Home*, Stampede Grounds, Calgary,

SOLO

Calgary Exhibition and Stampede Western Art Gallery, Stampede Grounds, Round Up Centre Hall C & D, Calgary*Sixth Annual Juried Members Show and Sale*, Leighton Art Center, Calgary**2007***The Heritage Property Corporation Art Exhibition*, The Lougheed Building, Calgary**2006***Just and Indication*, Marion Nicoll Gallery Main Space, ACAD, Calgary**2005***Simply Squared*, Marion Nicoll Gallery +15 Window, Epcor Centre for the Performing Arts, Calgary, SOLO**MEDIA COVERAGE****2013**

Unknown "New Public Art to enliven walls in Banff", Rocky Mountain Outlook, 2013

"The Art of Banff", Banff Crag and Canyon, 2013

2012

"Sheila Kernan's Work Bold, Vivid, Boundless", Verb, 2012

2011Sheila Kernan "Light In The City", Canadianinterviews.com/arts/, 2011

"Colour her successful", Leader-Post, 2011

"Art Star Grew Up in Saskatoon", The Star Phoenix, 2011

"9 Artists to Consider Right Now", Galleries West Fall Issue, 2011

MEDIA COVERAGE**(C O N T .)****2010**

“Elevation Showing Evokes Sense of Fun”, Rocky Mountain Outlook

2009

“Lights Fantastic”, Avenue Magazine

“Capturing Spring... on Canvas”, Décor Magazine Calgary Sun

2008

“Home is Where Your Art Is”, Calgary Sun

“Artists Works Part of the House, Landscapes Painted for Prize Home”, Calgary Herald

AWARDS**2019/2021**

Awarded Major Corporate Commission for Stephen Avenue Place (SAP) building exterior and interior downtown Calgary, Calgary, 2019-2021

2017

ACAD Alumni Legacy Award, Alberta College of Art and Design, Calgary, 2017

2016

Public Art Installation, Lido Building, Kensington, Calgary, 2016

2015

City of Calgary Public Art Installation, Bridge Banners, Calgary, 2015-16

2012

Banff Public Art Installation, Bear Street Mall Wall, Banff, 2012

2010

Calgary Stampede Best New Artist 2010 Western Showcase, Calgary, 2010

2008

Awarded Active Membership to the Federation of Canadian Artists,

Awarded Full Membership to the Alberta Society of Artists, Calgary,

2007

Received Second Place, The Heritage Property Corporation of Art Exhibition, Calgary, 2007-08

2005

Canadian Society of Painters in Watercolor (CSPWC), Julius Griffith Memorial Award, 2005

ACAD Students Association Legacy Collection Scholarship, ACAD Students Association, Calgary, 2005



COLLECTIONS

ATB Financial
H&R Block
Calgary Health Region
AFA Alberta Foundation for the Arts
Downtown Dental
Brookfield
Suncor Energy Centre
Calgary Health Region
Maxim Group
Pulcinella's Restaurant
Numerous Private Collections
Calgary Health Region
Taurus Reality Group